



TARTAN TEA PARTY

Your Fundraising Goal:

£ _____

What's your Tea-Total?

The money you raise will help make sure there is no life is half lived in Scotland. **Never underestimate the power of a cup of tea.**

£50 would help train a volunteer kindness caller to make sure there is always someone at the end of the phone for people in need of help.

£100 will fund 10 calls to our Advice Line team who can support anyone worried about or struggling with the effects of chest, heart or stroke conditions or Long Covid.

£250 will give 12 people one hour of vital one-to-one support through our Community Healthcare Support Service to help them live their lives to the full.

£350 would mean that we can support 7 people to attend an online support group for 3 months, helping them to cope with the emotional and physical impact of their condition.

Set a goal and keep track of how much you've raised at your tea-riffic Tartan Tea Party!



Donate
here!