



TARTAN
TEA PARTY

Your pay in form

1. Amount

We have raised and are donating **£**..... from our Tartan Tea Party

2. Your Details

Name:

Group / Organisation.....
(if applicable)

Address:

.....

.....

City

Postcode:

Tel. No:

Email:

Thank you for your contact details. We may contact you again by post or phone to keep you informed about the impact of your support, our work and to let you know about other opportunities to get involved.

Please let us know if you're also happy to hear from us by email and text.

Yes I'd like to hear from you by email

Yes I'd like to hear from you by text

We promise to keep your details safe and never sell or swap them with anyone. Our privacy policy explains how we keep this promise. If you don't want to hear from us, or change your mind about how we contact you, email fundraising@chss.org.uk or call **0131 297 2750**.

3. By Cheque/Credit/Debit Card/Cash

I enclose a cheque made payable to: Chest Heart & Stroke Scotland

Please debit my Visa (not Electron) / MasterCard / AMEX / CAF CharityCard / Maestro / Solo card with the amount stated.
(Please delete as appropriate)

Credit Card No

Expiry Date

Issue No (Maestro)

I do not require

a thank you

Signature

X

Date

/ /

4. Gift Aid Declaration



Please complete and sign below.

I am a UK tax payer and I would like Chest Heart & Stroke Scotland to re-claim tax on all donations I have made in the past four years, and all donations I make from the date of this Declaration until I notify otherwise.

N.B. Gift aid can only be claimed if on personal donations and is not in return for tickets (raffles, events and auctions) or goods and services (including 'experience' days).

You cannot claim gift aid when making a donation on behalf of someone else or a group of people.

I am not a UK tax payer and my donations are not eligible for Gift Aid.

I understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all of my donations in that tax year, it is my responsibility to pay any difference. CHSS will reclaim 25p of tax on every £1 that you have given. Please tell us if you: no longer pay sufficient tax on your income and/or capital gains, change your name or home address, want to cancel this declaration.

Signature

X

Date

/ /



5. Online

Simply scan the QR code provided or go online to donate at:

www.chss.org.uk/donate

Chest
Heart &
Stroke
Scotland



How your fundraising helps



£50

would **help train a volunteer kindness caller** to make sure there is always someone at the end of the phone for people in need of help.



£100

will fund **10 calls to our Advice Line team** who can support anyone worried about or struggling with the effects of chest, heart or stroke conditions or Long Covid.



£250

will give **12 people one hour of vital one-to-one support** through our Community Healthcare Support Service to help them live their lives to the full.



£350

would mean that we can **support 7 people to attend an online support group for 3 months**, helping them to cope with the emotional and physical impact of their condition.



"CHSS were there for me supporting me to make the best recovery possible"

WE CAN'T HELP PEOPLE LIKE TIM WITHOUT PEOPLE LIKE YOU.

Tim is a dad, husband and a young stroke survivor.

Tim suffered a life-changing stroke at the age of 33 while enjoying a barbecue with his young family. In total, he suffered three strokes in three days.

"It was after I left hospital that was actually the most difficult and isolating time for me and my family. Thankfully that is when Chest Heart & Stroke Scotland came into my life. They provided such special support and help when we needed it most."



**NO LIFE
HALF LIVED**

www.chss.org.uk

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In accordance with the Data Protection Act we retain your details on our fundraising database so that we can keep you informed of the work of the charity. We do not (and will not) share this information with anyone else. If you would like your details removed from our database please write to us at the address shown on this letter requesting this. You can view our privacy statement at www.chss.org.uk